



Football House
Unit 2/3 Phipps Close
Deakin ACT 2600
PO Box 50 Curtin ACT 2605
T +61 2 6260 4000
info@capitalfootball.com.au
ABN: 16 413 452 268

Football 9s' Capital College Cup

Capital Football is introducing the Football 9s' Capital College Cup for senior school students in year 11 and 12 for the 2024.

Objective: to facilitate a day long senior school football tournament – a girls, opens and mixed social competitions. The idea is to promote participation amongst an age group whose numbers are declining. Studies are showing, in the last year, that more than a third of community sporting clubs have reported participation boosts. However, the greatest decline in participation among clubs surveyed has occurred amongst teenagers aged 15-19 years. This is a continuation of a trend, noted in the Australian Sports Foundation's 2021 research, demonstrating older teenagers are the demographic cohort most likely to disengage from community sport.

The primary goal is to encourage teenagers to actively engage in football, promoting a healthy lifestyle, teamwork, and discipline. By fostering a sense of competition and the social elements of the sport, the aim to create a footballing community that has room of the competitive and social players.

Date: Term 1 Week 11: 10th April 2024 9am -3pm

Venues: Southwell Park

Costs: \$15 per player or an \$180 team fee – These costs will cover field hire, referee payments, venue/medical staff, and administration fees.

Format:

Initial formatting for will be for the colleges, year 11-12 students with three competitions.

1. Opens – Year 11 and 12 players from ages 15-18 years old.
2. Girls – Year 11 and 12 girls from ages 15-18 years old.
3. Mixed Social - Year 11 and 12 players from ages 15-18 years old

COMPETITION FORMAT/ RULES

Tournament Structure:

- The tournament will follow a round-robin format, with teams playing against each other in a series of matches.
- The top teams from the round-robin stage will advance to the knockout stage, culminating in a final match to determine the tournament champion.

Match Rules:

- Matches will consist of two 20-minute halves with a halftime break.
- Games will be governed under FIFA's Laws of the Game 2023-24 and Capital Football's local playing rules.
- Free kicks, throw-ins, and corners will be awarded as per standard football rules.
- Goalkeepers may handle the ball within their penalty area.
- Any player receiving a red card will be suspended for the remainder of the match and the following match, subject to review by the tournament organizers.
- It will be played on a half-field or box to box.
- Goals will be 5x2m.



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Competition Regulations: 9-A-Side Mixed Social

Tournament Format:

- The tournament will be played in a 9-a-side mixed-gender format.
- Teams will consist of a maximum of 9 players on the field at any given time, including a minimum of 4 female players.

Eligibility:

- Participation is open to teams comprising players of all genders aged 15 and above.
- All teams must register their players' names and ages before the start of the tournament.

Team Composition:

- Teams must have a minimum of 12 registered players.
- Each team must have always at least 4 female players on the field.
- Substitutions are allowed at any time during the match, but players must enter and exit the field at the halfway line with the referee's permission.

Fair Play and Sportsmanship:

- All participants are expected to adhere to the principles of fair play and good sportsmanship throughout the tournament.
- Any behaviour deemed unsportsmanlike, including but not limited to verbal abuse, physical altercations, or disrespect toward officials or opponents, will result in disciplinary action, including possible expulsion from the tournament.

Nomination Form

Capital College Cup Team Submission Form - <https://form.jotform.com/233027863033855>

*Note - if you are submitting multiple teams you will need to complete the form for how many teams entered.

RESPONSIBILITIES

Team nominations returned to Capital Football before Thursday 28th March 2024

- School representative to supervise on the day (teacher/coach)
- Playing uniform; shirts, shin pads, shorts, long socks, football boots or close toed shoes

CONTACT INFORMATION

Dylan Deep-Jones

Capital Football

Club Development Manager

Phone – (02) 6260 4000

www.capitalfootball.com.au

dylan.dj@capitalfootball.com.au