



Wanderers

Stage 4 COVID-19 Safe Plan

ALL AGE GROUPS: MELROSE / WANNIASSA

Ver 3.0

6 Apr 2021

Thanks to our partners



Club Submission



This Stage 4 builds on the Stage 3.2 Return to Play plan previously provided by Woden Weston FC Wanderers.

This Stage 4 COVID-19 safe plan is provided by West Canberra Wanderers (WCW).

This plan outlines our operational delivery of NPLM, NPLW, NPLY, Junior League and MiniRoos training and match play.

This plan will commence on **18 Mar 2021 in alignment with ACT health requirements.**

The club contact responsible for this plan is:

Steve Rohan-Jones
president@wwfc.org.au
0407 235 862

The Club acknowledges that this plan is in accordance with the Capital Football COVID-19 Stage 4 – COVID-19 Safe Plan and is aware of the hygiene and safety aspects at matches and training.

General Precautions



ATTENDANCE

Participants should not attend any training or match day, if in the past 14 days they have:

- ▶ felt unwell
- ▶ any flu-like symptoms
- ▶ travelled internationally or been exposed to a person with COVID-19
- ▶ Travelled to any of the reported locations listed ([ACT Health website](#))
- ▶ Been tested for COVID-19 and have not yet received the results (please see [COVID-19 protocol](#))
- ▶ Have a medical condition or are at an age that puts them in a high-risk category

HYGIENE

- ▶ Ensure spaces, surfaces and objects at each venue are regularly cleaned
- ▶ Promote regular and thorough hand washing by club and team officials and participants
- ▶ No sharing of drink bottles
- ▶ Ensure bins are provided around the venue.

BEHAVIOUR

- ▶ Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze
- ▶ If using tissues, place them directly in the bins provided
- ▶ No spitting at any time.

Travelling interstate



If travelling interstate, please read below:

- ▶ Teams stay up to date with current Hotspots around Australia found on the [ACT Health website](#)
- ▶ Do NOT travel into Hotspot areas
- ▶ If using public transport, please follow the rules and restrictions in the state/territory you are travelling in/to
- ▶ If carpooling, only carpool with people from the same household
- ▶ If staying overnight, please ensure that the accommodation has a COVID-safe plan in place (it is advised to call the accommodation provider prior to travelling)
- ▶ Ensure that everyone travelling carries a bottle of hand sanitiser on them at all times
- ▶ Ensure that everyone is vigilant with hand and respiratory hygiene
- ▶ Please ensure you use appropriate check in apps or sign in registers when visiting places (i.e. restaurants, playing venues, shopping centres etc)

Travelling interstate



- ▶ Unless travel is restricted, ACT Health does not declare areas safe or unsafe for travel. Instead ACT Health provide guidance, taking into account the COVID-19 situation in other states and territories.
- ▶ Travel advice can change rapidly if COVID-19 cases appear. You may need to cancel or amend your travel plans on short notice
- ▶ If you develop COVID-19 symptoms while away or after returning to the ACT, get tested immediately
- ▶ When travelling, use the ABCs of protecting yourself, your family and the football community from COVID-19:
 - ▶ AVOID COVID affected areas – check the COVID website of the state and territory your are travelling to. If you are welcoming relatives or visitors from interstate, please ask them not to come if they are travelling from an area with a recent case or are feeling unwell
 - ▶ BEHAVE in a COVID-safe way – be vigilant with hand and respiratory hygiene, maintain physical distancing from others groups, and stay home if feeling unwell
 - ▶ CHECK back when you get home – monitor the COVID website of the state or territory you visited to see if they had any cases, for two weeks after your return. Follow the website’s advice about testing and self isolation. If you feel unwell with COVID symptoms while away or when you return, please get tested immediately and self-isolate until you get result.

Check in CBR and sign in sheets



- ▶ All spectators and participants must sign in using either the Check in CBR app or sign in sheet provided at the venue
- ▶ If you do not have your smartphone on you, please sign in using the sign in sheets provided
- ▶ Managers are to scan / email / pass sheets to administrator@wwfc.org.au for record keeping

What is permitted during training



The following is permitted at the venue and during training

- ▶ All spectators and participants must sign in using either the Check in CBR app or sign in sheet provided at the venue
- ▶ Where possible players should come ready to train
- ▶ Get in, train, get out
- ▶ Social activities when training has concluded should be limited to essential gatherings and within the government's guidelines
- ▶ Spectator areas must meet gathering restrictions (In ACT no more than 500 per venue in NSW no more than 3000 per venue)
- ▶ Maximum of 1 person per 2 square metres
- ▶ Ensure physical distancing of 1.5 metres between spectators
- ▶ Where clubs choose to use changerooms they must maintain 1 person per 2sqm (a sign must be placed on the door stating the maximum capacity within the area)

What is permitted during matches



The following is permitted at the venue and during matches

- ▶ All spectators and participants must sign in using either the Check in CBR app or sign in sheet provided at the venue
- ▶ Where possible players should come ready to play
- ▶ Get in, play, get out
- ▶ Social activities when training has concluded should be limited to essential gatherings and within the government's guidelines
- ▶ Spectator areas must meet gathering restrictions (In ACT no more than 500 per venue in NSW no more than 3000 per venue)
- ▶ Maximum of 1 person per 2 square metres
- ▶ Ensure physical distancing of 1.5 metres between spectators
- ▶ Where clubs choose to use changerooms they must maintain 1 person per 2sqm (a sign must be placed on the door stating the maximum capacity within the area)
- ▶ Canteens and BBQs are permitted in line with relevant government requirements

What is NOT permitted during Match Play



The following is **NOT** permitted at the venue and during training and/or match play:

- ▶ Handshakes before and after training or match play
- ▶ Team huddles and high fives
- ▶ Multiplayer goal celebrations
- ▶ Spitting
- ▶ Sharing of equipment including drink bottles, towels, shin pads and bibs

Match Operations - Melrose



ENTRY AND EXITS

- ▶ Synthetic Entry Gate
 - ▶ Main Gate entry along pathway to facility
- ▶ Synthetic Exit Gates
 - ▶ Main Gate entry along pathway to facility
- ▶ Grass Entry and Exit as marked

SPECTATORS

- ▶ Enter through Main Gate
- ▶ Sanitise
- ▶ Sign in
- ▶ Follow flow
- ▶ Avoid change room areas
- ▶ Maintain physical distancing near café and other areas
- ▶ Exit via Exit Gate
- ▶ Get in and get out policy

Match Operations - Melrose



CANTEEN AND AMENITIES

- ▶ Wander in Café is open and has sanitiser available
- ▶ Maintain physical distance when ordering from café
- ▶ Order and go principle
- ▶ We comply with the relevant Government Food Safety regulations and COVID-19 protocols
- ▶ Changeroom numbers are listed on the sign near the entrance
- ▶ Changerooms are to be cleaned before and after matches
- ▶ Amenities to be cleaned and have soap and hand towels
- ▶ Sanitiser available for all

SPECTATORS

- ▶ Sanitise hands on arrival
- ▶ Familiarise yourself with Melrose requirements and venue map on arrival
- ▶ Use stands as marked at venue
- ▶ Must abide by 1 person per 2m²
- ▶ Physical distance from others as per health guidelines
- ▶ Follow Melrose sanitisation and flow procedures
- ▶ Stand away from the fence and others where possible

Venue - Melrose Synthetic Routes

500 max/venue

 *Spectator Area*

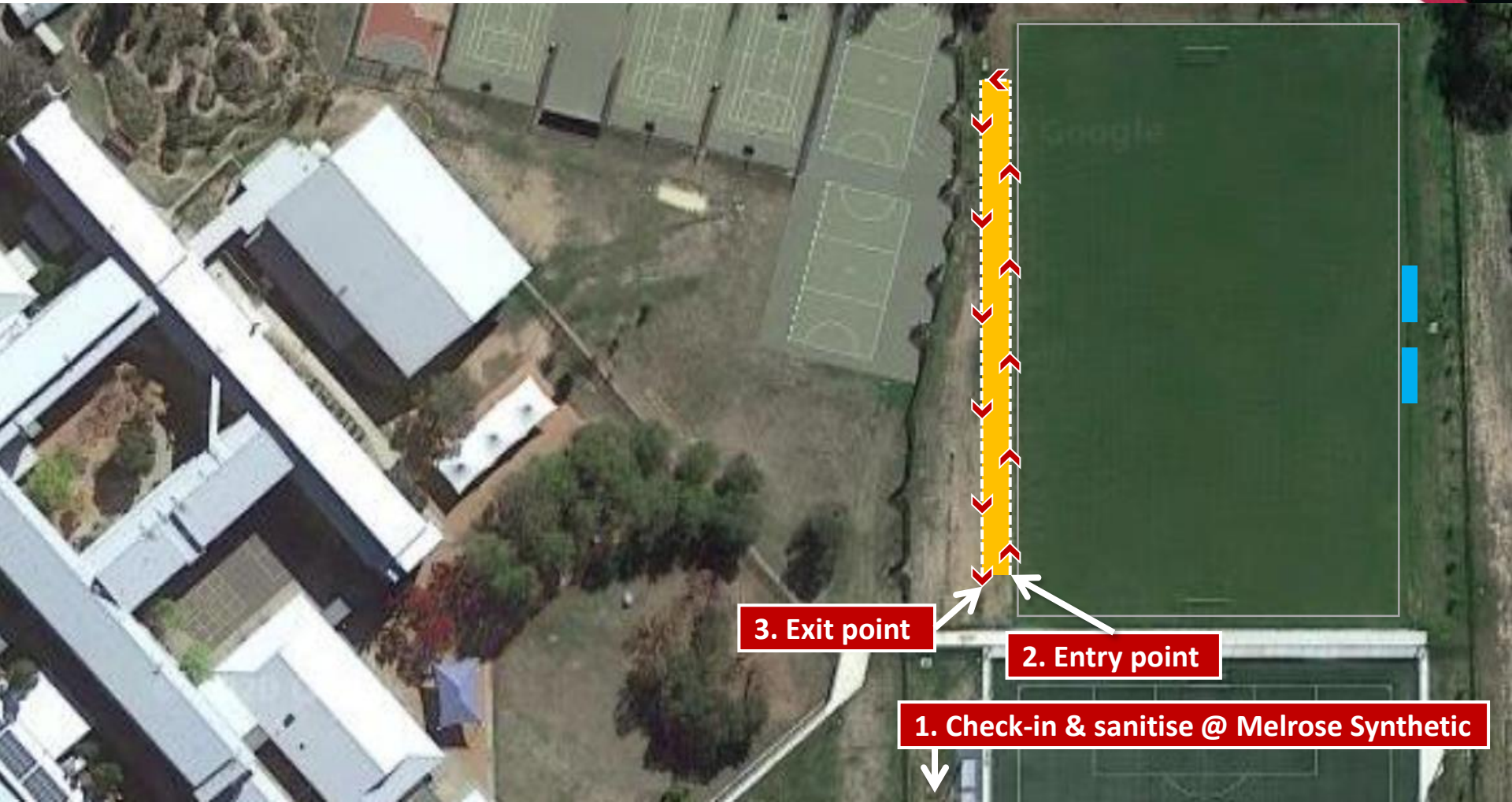
 *Technical Area*



Venue – Melrose Grass Routes

500 max/venue

 *Spectator Area*
 *Technical Area*



Venue – Wanniassa Routes

