

Step 2.2: Return to Sport & Recreation and Swimming Pools

Information for clubs, organisations and participants

12 noon Friday 19 June 2020

What changes are being made to sport and recreation?

From 12 noon Friday 19 June 2020 restrictions will ease for community sport and recreation in line with Step 2.2 [Canberra's Recovery Plan](#).

Step 2.2 supports the continuation of activities in groups of up to 100 participants/players, including coaches, referees, trainers and spectators in indoor and outdoor spaces (including pools).

Participants will continue to be encouraged to “get in, train, get out”, with an emphasis on supporting social participation and activities within small groups.

Full-contact training activities are now permitted, as well as the sharing of equipment and some use of communal facilities (such as change rooms). If equipment needs to be shared, proper cleaning and disinfecting will be required during and between sessions.

Physical distancing, personal and respiratory hygiene continue to apply.

What is defined as “community sport”?

The term “community sport” or “social sport” includes any organised sporting activity, be it through community clubs, commercial providers, individual activities or high performance training programs.

What is meant by a “group”?

Step 2.2 allows for groups of up to 100 people including trainers, instructors, referees or coaching staff, or one person per four square metres, whichever is lesser.

Numbers remain restricted to ensure the risk of transmission of COVID-19 is minimised, and contact tracing will be more effective if there is an outbreak.

Can a coach or instructor work with multiple small groups on the same or subsequent days?

Yes, in line with a risk assessment conducted by the club or coach. If the coach or instructor is subsequently diagnosed with COVID-19 then all groups will be impacted. It is essential that the coach or instructor does not work/train/coach if at all unwell.

What are the requirements for outdoor sports from 19 June?

Step 2.2 supports the continuation of activities in groups of up to 100 participants/players, including coaches, referees, trainers and spectators in outdoor spaces.

This will allow outdoor sports like hockey, rugby and soccer to increase activities, however the one person per 4 square metre rule will continue to apply.

Full-contact training activities are permitted under Step 2.2, including tackling, grappling, blocking and sparring.

The introduction of full-contact activities is focused within the training environment, recognising that sports/participants require the reintroduction of full-contact training to adequately and safely prepare for competition which, for most major winter sports, is earmarked to commence under Stage 3 (10 July 2020).

The use of equipment to support full-contact training (e.g. tackle bags, pads or a scrum machine) is permitted, with appropriate cleaning before and after use.

The structure of activities and protocols for hygiene and physical distancing will be sports-specific.

All sports are recommended to have a clear “Return to Play in a COVID-safe Environment” plan that details how, in a sport-specific setting, activity will be delivered. This plan should provide clear and consistent guidelines for participants, coaches and volunteers, while also providing confidence to participants that their activity is being conducted safely and in accordance with requirements.

Visit the [Sport and Recreation website](#) for information regarding development of a Return to Play in a COVID-safe Environment plan.

What are the requirements for indoor sports from 19 June?

Step 2.2 supports the continuation of activities in groups of up to 100 participants/players, including coaches, referees, trainers and spectators in indoor spaces (including pools).

This will allow indoor sports like basketball, netball and volleyball to increase activities, however the one person per 4 square metre rule will continue to apply.

Sports that can deliver indoor activities, or are able to modify their activities, to comply with the parameters of this phase are able to recommence.

Full-contact training activities are permitted under Step 2.2, including scrimmaging, grappling, blocking and sparring.

The introduction of full-contact activities is focused within the training environment, recognising that sports/participants require the reintroduction of full-contact training to adequately and safely prepare for competition which, for most major winter sports, is earmarked to commence under Stage 3.

The structure of activities and protocols for hygiene and physical distancing will be sports-specific.

All sports and venues are recommended to have a clear “Return to Play in a COVID-safe Environment” plan that details how, in a sport-specific setting, activity will be delivered. This plan will need to comply with any venue capacity limitation and should provide clear and consistent guidelines for participants, coaches and volunteers, while also providing confidence to participants that their activity is being conducted safely and in accordance with requirements.

Visit the [Sport and Recreation website](#) for information regarding development of a Return to Play in a COVID-safe Environment plan.

How does this impact community martial arts and dance?

Under Step 2.2, both martial arts and dance can increase the group size to 100, including instructors and spectators, aligned with community sports. In the context of both dance and martial arts, full-contact training activities will be permitted.

Where dance progresses to any performances, the maximum number of people able to attend is 100 per indoor or outdoor space (including performers and audience members), or one person per 4 meters square, whichever is lesser.

What are the changes for pools from 19 June?

Under Step 2.2, swimming pools can open with a maximum of 100 people (including staff, trainers and spectators) per indoor or outdoor space or one person per 4 square metres, whichever is lesser.

Where there are multiple pools within the same enclosed space, the limit of 100 people applies to the facility.

What are the changes to gyms and fitness centres from 19 June?

Please refer to the [FAQ about gyms, boot camps and personal training](#).

What is an “enclosed space”?

Step 2.2 will allow up to 100 people in any single enclosed space, or one person per 4 square metres, whichever is lesser.

An enclosed space is one that is covered and more than 75% enclosed, where walls prevent lateral airflow.

It is recognised that there are indoor sporting facilities that have vastly differing floor areas – enclosed rooms, large seating dividers or split-level facilities as examples. Determination of how many enclosed spaces you have within the facility is critical to determining your capacity under Step 2.2 and determining the scope of your activities and those of any hirers.

It is recommended that a minimum of spectators, parents/guardians or trainers are present, which are included in the 100 person limit.

Spectators should maintain physical distancing of 1.5 metres. Some smaller indoor venues/community halls may therefore be unable to support a full group and spectators.

Will school sports resume now that all students have returned to the classroom?

With students now returned, there will still be no formal school sport competitions and no interschool events. Health and PE will continue to be delivered at the discretion of each school in a safe way to meet curriculum needs.

Does my sport need clearance from the ACT Government before restarting training?

No, however we recommend each sport or activity provider develop a “Return to Play in a COVID-safe Environment” plan that is consistent with ACT Government guidelines, Public Health Directions and considers the recommendations outlined in the [AIS Framework for Rebooting Sport in a COVID-19 Environment](#).

How many groups can use a single space or venue?

A number of groups (of 100 people) are allowed to train within an outdoor area, such as football fields, if they are clearly separated at all times and following the one person per 4 square metre rule.

For indoor activities, the number of small groups will be further informed by the allowance for no more than 100 participants within an indoor space or one person per 4 square metres, whichever is lesser.

This allows sports to make use of single spaces for more than one small group where appropriate spacing (physical distancing) and hygiene principles can be applied.

A sport or activity provider’s “Return to Play in a COVID-safe Environment” plan should continue to establish how available spaces will be used. For example, this may include a cap on the number of small groups within a field or the clear demarcation of the field/activity space for use by individual small groups.

My playing field is much bigger than some other sports. Can I have additional small groups on my playing field to reflect this?

Sports organisations can determine how they will use their field or area in line with physical distancing measures.

Larger sporting areas such as football or AFL fields may be able to handle multiple groups, while much smaller netball or tennis courts might cater for only one small group (or less) per court or per multiple courts.

For indoor activities, the number of groups will be further informed by the allowance for no more than 100 participants within an indoor space, or one person per 4 square metres, whichever is

lesser. A sport or activity provider's "Return to Play in a COVID-safe Environment" plan should establish how available spaces will be used.

Can our group share equipment?

Step 2.2 allows for full-contact training and the associated use of equipment like tackle bags, pads and scrum machines

Where equipment is shared it will require proper cleaning and disinfecting during and between sessions.

Participants should practice good hand hygiene before and after training sessions.

Can I use ACT Government sportsgrounds?

ACT Government sportsgrounds recommenced bookings from 16 May 2020, supporting activities consistent with Stage 1 easing of restrictions.

Bookings are required to make formal use of sportsgrounds for training.

Where the phased re-introduction of community sport limits the capacity for sports to move toward competition, ACT Government sportsgrounds will continue to be made available for weekend training as well as weekday availability. Weekend training bookings will cease when match play resumes.

Community recreation will be allowed on the sportsgrounds during daylight hours. Any formal booking of the sportsground takes precedence over informal community use.

Is Stromlo Forest Park open?

Stromlo Forest Park is open for community access and recreation. Any formal groups on the trails are limited to no more than 100 people and must maintain physical distancing and good general and respiratory hygiene.

Bookings for both the criterium circuit and cross-country running track have resumed.

Use of these facilities by organisations/clubs for training purposes should be supported by a "Return to Play in a COVID-safe Environment" plan.

The ACT Government has waived sportsground hire fees for six months from 1 April 2020. Do I still need a booking?

The ACT Government has waived all sportsground hire fees for six months from 1 April 2020. However, bookings are required to ensure that fields can be protected from unauthorised use and that toilet facilities and lighting (as required) can be made available.

Historical sportsground allocations for the winter season are still in place for the 2020 winter season unless changes have been mutually agreed between all parties.

Commercial operators, including boot camps, are required to place bookings to use ACT Government sportsgrounds.

While there is no hire fee at this time, sportsground users are encouraged to limit bookings to what is reasonably required. Some bookings may not be approved by Sport and Recreation Facilities if it considers that the bookings are excessive or not warranted.

Informal (unirrigated) ovals remain available for recreational use with no bookings within the group context. These facilities are not fit for formal sporting use, including training.

Are there any restrictions on the use of ACT Government sportsgrounds that we have booked?

Users will need to comply with Step 2.2 core principles that apply, including groups of 100 people maximum, physical distancing of 1.5 metres and good hand and general hygiene, while also ensuring they are complying with their “Return to Play in a COVID-safe Environment” plan.

The [Sportsground Charter](#) (currently under review), including prioritising junior trainings from 4pm and seniors from 7pm, will continue to apply.

Enclosed ACT Government sportsgrounds remain unavailable for training purposes, however all other ACT Government sportsgrounds are available for weekday and weekend trainings.

Does my (free) booking of ACT Government sportsgrounds override the facility’s use by community members wanting to use the field at the same time for general/informal recreation?

As part of our urban open space network, sportsgrounds have been invaluable in providing our community with spaces and places for informal physical activity during the COVID-19 pandemic.

While community recreation is allowed on the sportsgrounds during daylight hours in small groups, as we move to the phased resumption of social sport any formal booking of the sportsground will take precedence over informal community uses.

Cricket nets are available for informal use provided there are no bookings on the sportsground.

What about access to other outdoor sports facilities not owned or managed by government?

Under Stage 1, outdoor training was able to resume subject to restrictions on small groups and adherence to general hygiene and physical distancing principle. The decision to reopen for social sport activity rests with the asset owner/manager.

It is recommended that any venue owner/manager, independently of a “Return to Play in a COVID-safe Environment” plan that might be put in place by individual sports/hirers, considers its own framework as to how venue-specific physical distancing and general hygiene principles might apply both within the phased resumption of social sport and even beyond the COVID-19 pandemic.

Will sporting changerooms be able to open?

Under Step 2.2, changerooms at ACT Government sportsgrounds will be reopened for access. Participants/activity providers are encouraged to limit any unnecessary social engagement beyond their activity/training.

Changerooms will be subject to limitations on the number of people that can be inside based on the one person per 4 square metres rule.

Decisions regarding communal spaces such as changerooms in non-government facilities is at the discretion of the owner/manager. Communal facilities (such as changerooms) can open if a risk assessment has been done and a strict cleaning regime is put in place. This should be outlined in the “Return to Play in a COVID-safe Environment” plan.

The [AIS Framework for Rebooting Sport in a COVID-19 Environment](#) recommends caution around the use of communal facilities – this includes changerooms, clubhouses and kitchen facilities.

When can I start matches or competitions?

From 12 noon Friday 19 June:

- Non-contact sports (for example touch football) can recommence competition play, where this wasn't already allowed.
- Up to 100 people, indoors or outdoors, or one person per 4 square metres, whichever is lesser, can participate.
- Full-contact training is allowed.

Proposed from Friday 10 July

- Full-contact sport can recommence competition play.

While NSW has announced a full return for sport from 1 July, the ACT recognises the need to ensure equity in full-contact training allowance and is working towards the competition date post 10 July. This date will be set by the ACT organisations governing the regional competitions that our local and neighbouring teams participate in.

It is recommended that before the reintroduction of matches or competitions, all clubs must develop a “Return to Play in a COVID-safe Environment” plan. This plan should detail how, in a sport-specific setting, activity will be delivered. The plan should provide clear and consistent guidelines for participants, coaches and volunteers on the ground, while also providing confidence to participants that their activity is being conducted safely and in accord with requirements.

What is defined as full-contact sport?

Full-contact sport is any sport that allows non-incident contact within its code. For example, netball rules do not allow for contact other than incidental contact, so it is a non-contact sport, where basketball and rugby league do allow for full-contact, so it is a full-contact sport.

The introduction of full-contact training activities within Step 2.2 recognises that sports/participants require the reintroduction of full-contact to adequately and safely prepare for competition which, for most major winter sports, is earmarked to commence for the ACT under Stage 3.

Many of the larger full-contact sports have already begun planning for competitions to recommence from mid-July and some sporting organisations may have already been in contact with their members with indicative start dates.

Why isn't the ACT moving to full-contact competition yet?

The Australian Health Protection Principal Committee (AHPPC) advice on resumption of community sport and recreation activity is that it should take place in a staged fashion, with initial phases of small group activities in a non-contact fashion, prior to moving onto subsequent phases of larger groups and then full-contact for training, and then full-contact competition.

Individual jurisdictions are determining progression through the phases taking account of local epidemiology, risk mitigation strategies and public health capability.

Full-contact sports present a higher risk from a public health perspective, given that it is hard to maintain physical distancing. There is significant increased potential for the generation of respiratory droplets through elevated breathing rates (physical exertion), and the possibility that people can come into contact with these respiratory droplets. Contact between multiple people in close proximity and using shared equipment increases the risk rate for transmission.

To minimise the risk of transmission, it is proposed to stage the ability for sporting teams to commence full-contact training as a first step, prior to commencing full-contact competition (and bringing a second group of people together). This time will allow sporting teams to train in preparation for competition, and to ensure that they have good risk mitigation practices in place before commencing full-contact competition.

Can spectators attend?

It is recommended that sports maintain a minimum number of trainers, instructors, referees or spectators at this time to ensure physical distancing can be maintained.

However junior training in particular may require the attendance of a parent or guardian. One adult per minor participant is recommended. Any spectators should be separated from participants (within their small group) and maintain physical distancing from other spectators of at least 1.5 metres.

The number of spectators allowed within indoor venues is informed by the area of each enclosed space, and the one person per 4 square metres rule. Some smaller indoor venues/community halls may therefore be unable to support a small group and spectators.

Measures for control of spectators should be considered within any "Return to Play in a COVID-safe Environment" plan for sports and/or venues.

Consideration will be provided for greater numbers of spectators in Stage 3.

Can I make use of the canteen?

Canteens can operate however physical distancing must be encouraged.

Canteens will be subject to limitations on the number of people that can be inside based on the one person per 4 square metres rule.

Appropriate cleaning procedures and hygiene practices supporting food services must be in place.

For more information about cleaning and food handling visit the [Infection control and training resources page](#) or the [Food Standards Australia and New Zealand website](#).

Do we still need to practice physical distancing if contact training is allowed?

Physical distancing is important to help slow the spread of COVID-19 within the community. However, as we ease restrictions, and move to allowing full-contact training and then competition, it is important for teams to have good risk mitigation practices in place.

Teams should continue to take precautions regarding individual hygiene and the sharing and cleaning of equipment.

The application of physical distancing, particularly how it applies to coaches, trainers and spectators, should be captured in any “Return to Play in a COVID-safe Environment” plan.

Can we fire up the BBQ or catch up socially after training?

The [AIS Framework for Rebooting Sport in a COVID-19 Environment](#) (Level B) places some caution around the use of communal facilities – this includes changerooms, clubhouses and kitchen facilities. This is to limit unnecessary interaction and ensure physical distancing.

Even with the reintroduction of full-contact training activities, Step 2.2 continues to support the “get in, train and get out” principle outlined in the AIS Framework.

Any social engagement beyond the small group activity/training should continue to be discouraged.

Are there additional government requirements for us in respect of participant health and hygiene?

There are no additional ACT Government requirements beyond what is required for each Stage within the easing of restrictions outlined in [Canberra’s Recovery Plan](#).

All participants should continue to practice good hand and general hygiene.

Visit the [Protect yourself page](#) for more information.

More information about how to protect yourself and others.

The general principles for hygiene and physical distancing within the [AIS Framework](#) also provide a sensible guide as to precautions that activity providers should follow and participants should reasonably expect.

How will we be supported to implement any additional hygiene requirements at government-owned venues?

Sport and Recreation Facilities have installed additional soap dispensers in toilet facilities at sportsgrounds.

All ACT Government sportsground facilities will be cleaned weekly by a professional cleaning company.

We encourage all sportsground users to take responsibility for their own hygiene procedures and requirements, including provision of sanitising products and wipes as required.

View the [Worksafe Cleaning Fact Sheet](#) for more information.

Am I required to promote all of these changes or additional “operational” requirements to my participants?

The delivery of social sport training and competition has changed for the foreseeable future, including expectations from participants as to health and hygiene standards.

Sport or activity providers should develop a “Return to Play in a COVID-safe Environment” plan that is consistent with ACT Government guidelines, Public Health Directions and considers the recommendations outlined in the [AIS Framework for Rebooting Sport in a COVID-19 Environment](#).

This plan will guide the “operational” delivery of social sport and how participants, staff, volunteers and spectators all engage within this.

Sport and activity providers are encouraged to ensure that their individual members/communities are aware of the changing environment, through progressive phases and in a post-COVID context. This promotes compliance and safety, while also providing assurance to people that it is “safe” to return to sport.

Will the traditional winter season be extended to reflect/compensate for the part of the season we have lost?

There has been no determination at this time as to the extension of the winter season. Any decisions will be made in consultation with the peak bodies for summer and winter sports.

What if the group limits make it unfeasible to recommence activities or for venues to reopen?

We recognise that not all sport or activity providers considered it viable to re-commence activity where small groups were limited to only 10 or 20 people (Stage 1 and 2.1 respectively).

It is envisaged that the increase in the number of people in a group from 20 to 100, alongside provision for full-contact training, will make it more viable for activity providers, including commercial operators, to operate.

The decision to re-open for sport activity rests with the asset owner/manager.

Why have some professional teams already been able to resume both indoor and outdoor training and competition in advance of community sport?

Professional sporting teams have been able to recommence training activities early, acknowledging that for these athletes their sport is their profession and their training facilities their workplace.

Professional sporting teams have recommenced formal training and competition considerate of a range of strict physical distancing and health/hygiene protocols as articulated in detailed “Return to Play” frameworks developed within their sport.

My state/national body seems to have put in place some extra thresholds or requirements for training and competitions. Am I obliged to follow?

Peak sporting bodies have an important role to play in supporting the development and consistency of sport specific “Return to Play in a COVID-safe Environment” plans. These plans may include additional measures that they believe are appropriate.

Clubs and organisations are allowed to recommence activity in line with ACT Government easing of restrictions at a minimum. However, we encourage clubs to work with their governing bodies to ensure a safe return to play.

My organisation has paid staff. Is it safe for them to return to the office?

All employers are encouraged to consider alternative ways of delivering their business practices and services.

If it is not possible to work from home or redesign practices, it is vital that no worker comes to work if they are unwell.

If anyone has symptoms of COVID-19 they should [get tested](#).

How will physical distancing and hygiene be enforced? Who will enforce it?

While the COVID-19 situation is regularly changing, Canberrans know what they should be doing and they should be taking actions with the safety of themselves and the entire community at front of mind.

Where required, ACT Policing will encourage compliance before considering the enforcement of ACT COVID-19 directions.

ACT Policing members always assess each situation on its merits and decide on the best course of action when applying their powers under a health direction.

Remember, while restrictions have eased your personal responsibility hasn't.

What happens if there is a positive COVID-19 case within our sporting club or facility?

Restrictions continue to be eased gradually to ensure as there are any new cases of COVID-19 in our community, we can address them quickly and effectively.

If someone tests positive for COVID-19 the health authorities will perform contact tracing to determine where they have been and who they have been in contact with.

If your club or organisation is impacted, health authorities will contact you and advise you what to do next.

To help contact tracing it is recommended people download the [COVIDSafe app](#).

Are pools open?

Commercial pools were able to reopen for training and public use under Stage 1.

Step 2.2 will allow up to 100 people in any single enclosed space, or one person per 4 square metres, whichever is lesser. Four swimmers per lane are allowed.

Where there are multiple pools within the same enclosed space, the limit of 100 people applies to the venue.

Under Step 2.2, changerooms can reopen for access and are subject to limitations on the number of people that can be inside based on the one person per 4 square metres rule.

Decisions regarding communal spaces such as changerooms in non-government facilities is at the discretion of the owner/manager. Communal facilities (such as changerooms) can open if a risk assessment has been done and a strict cleaning regime is put in place. This should be outlined in the "Return to Play in a COVID-safe Environment" plan.

When will public pools reopen?

Reopening pools remains a commercial decision for individual pool operators.

Government owned pools, including Gungahlin Leisure Centre, Canberra Olympic Pool, Lakeside Leisure Centre, and Erindale Active Leisure Centre, have been closed while maintenance and upgrade works are completed.

Works at Erindale Active Leisure Centre and Canberra Olympic Pool are now complete and these pools are now open.

Works are continuing at Gungahlin Leisure Centre with a reopening date yet to be confirmed.

Lakeside Leisure Centre (in Tuggeranong) will remain closed until the end of July 2020 while it undergoes routine maintenance and upgrades.

Government-owned outdoor pools (Dickson Pool and Manuka Pool) remain closed for winter as is usually the case.

Why isn't Lakeside Leisure Centre reopening until the end of July 2020?

Routine five-yearly maintenance initially planned for July-August 2020 has been brought forward under the ACT Government's fast-track program.

These works have been brought forward and are expected to be complete in late July 2020. The proposed works include routine maintenance on the pool structures (which require the pools to be drained), major upgrades to electrical infrastructure and pool plant as well as reconfiguration of the entry foyer.

The ACT Government has allocated \$25 million to fast-track a range of infrastructure and maintenance projects to support local businesses and keep Canberrans employed.

When will Dickson and Manuka pools reopen?

Dickson and Manuka Pools are scheduled to reopen in late October 2020, as they are currently shut for the winter season.

When will swim school start?

Swim schools at ACT Government-owned pools remain closed until restrictions are eased further.

Regarding the status of private pools, customers are encouraged to seek advice from individual operators.

When will centre-based swim squad training be resuming?

Swim squad training at Canberra Olympic Pool resumed 15 June 2020.

YMCA NSW, the pool operator, will contact members to provide details on how squad training will resume under the COVID-19 restrictions. Gungahlin Leisure Centre and Lakeside Leisure Centre will remain closed for maintenance and upgrade works.

Regarding the status of private pools, customers are encouraged to seek advice from individual operators.

Will swim clubs be returning?

Swim clubs were able to return to training under the previous steps 1 and 2.1 that allowed the re-commencement of social sport. However, like all other users, access remains restricted under Step 2.2 (four swimmers per lane/100 people per venue) and sessions will be reduced to provide for access for all pool users.

Swim clubs are now able to hire lane space at Canberra Olympic Pool. YMCA NSW, the pool operator, have been in contact with all the centre-based swim clubs to get feedback on their proposed processes for safely managing swim club bookings within COVID19 restrictions.

Gungahlin Leisure Centre and Lakeside Leisure Centre will remain closed for maintenance and upgrade works.

Regarding the status of private pools, clubs are encouraged to seek advice from individual operators.

Can my private pool open for things like swimming lessons?

Yes, private pools may open for up to 100 people per venue or four swimmers per lane, where the one person per 4 square metres rule can be observed.

One parent or carer can be present per child with physical distancing to be observed.

Regarding the status of private pools, customers are encouraged to seek advice from individual operators.

Decisions regarding communal spaces such as changerooms in non-government facilities is at the discretion of the owner/manager. Where these facilities are made available, it is recommended that venue-specific physical distancing and general hygiene principles are applied.

Can I use a pool for hydrotherapy, prenatal classes or other health-related activities?

From 16 May 2020 the number of persons in a hydrotherapy pool where it is being used for therapeutic purposes is limited only by the need to observe physical distancing of one person per 4 square metres. However, the person undergoing the therapy may only be accompanied by one parent, guardian or carer.

Regarding the status of private pools, customers are encouraged to seek advice from individual operators.

Decisions regarding communal spaces such as changerooms in non-government facilities is at the discretion of the owner/manager. Where these facilities are made available, it is recommended that venue-specific physical distancing and general hygiene principles are applied.

When will pool-based sports like water polo recommence?

Pool-based sports were able to recommence some training from 16 May 2020, provided this was limited to lap swimming and within the parameters of pool restrictions, which increase to four swimmers per lane/100 people per venue from midday 19 June 2020.

Indoor venues and user group/hirers, including those of pools, are recommended to have a clear “Return to Play in a COVID-safe Environment” plan that details how, in a sport-specific setting, activity will be delivered under this second phase, and any subsequent phases. This plan will provide clear and consistent guidelines for participants, coaches, staff and volunteers, while also providing confidence to participants that their activity is being conducted safely and in accord with requirements.