



CAPITAL
FOOTBALL

STAGE 2.2. ADDENDUM

MINIROOS U5 – U9

VERSION 1 – 15 JUNE 2020

INTRODUCTION

From 19 June 2020 the ACT Government moves to Stage 2.2 of [Canberra's Recovery Plan](#), incorporating eased restrictions allowing full contact training and gatherings of up to 100 people per field.

From 1 July 2020 the NSW Government have eased restrictions, allowing return of competitions with 4m² per person rule to be applied.

Considering these announcements, the predominant intra-club delivery of MiniRoos U5 – U9 age grades, and the similarity between MiniRoos training and matches, Capital Football have endorsed a return of MiniRoos matches aligned to those easing of restrictions.

Capital Football has set out these guidelines for clubs and participants (referees, coaches, players, volunteers, administrators, parents and spectators) who deliver U5 – U9 MiniRoos matches.

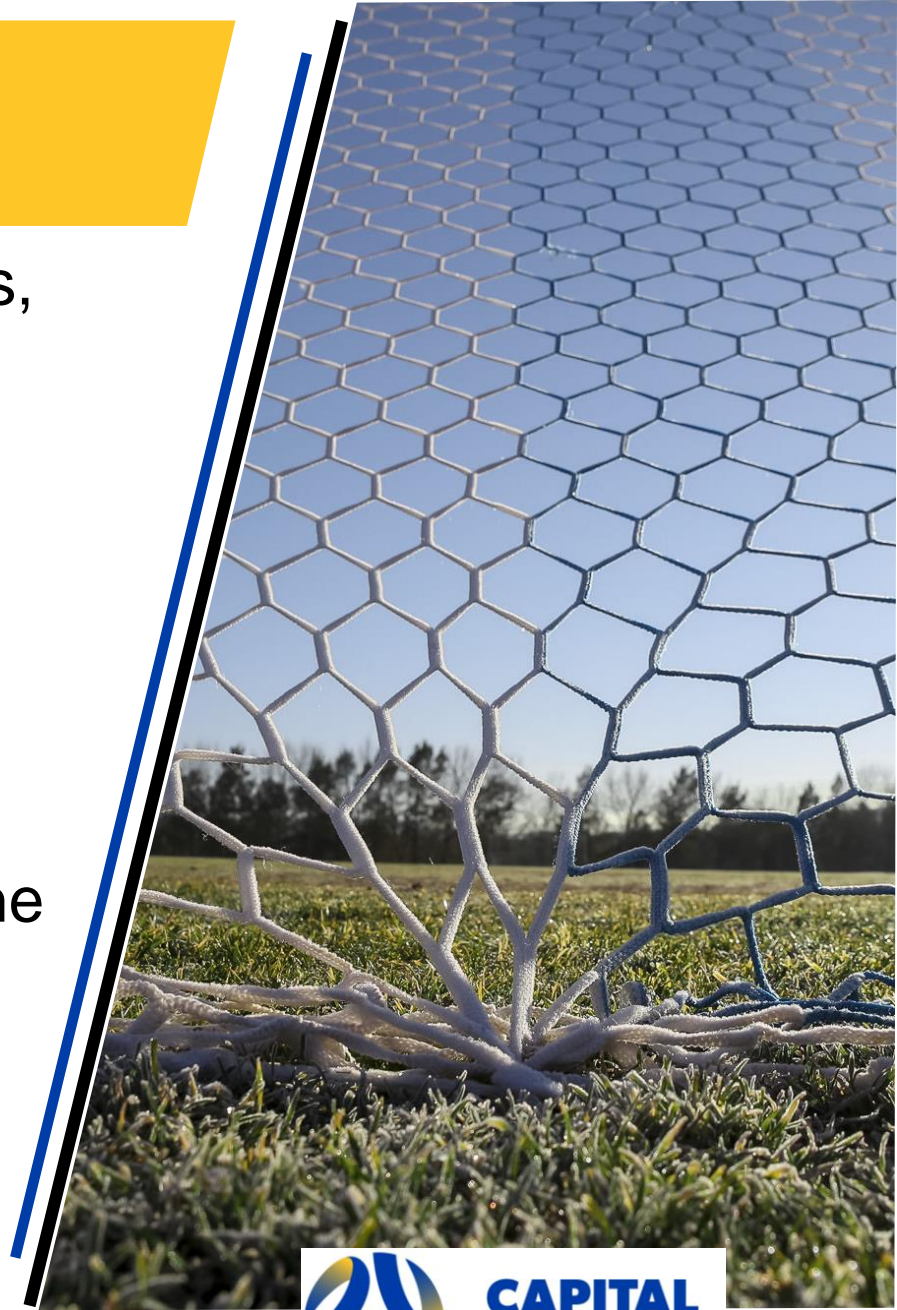
These return of MiniRoos match guidelines are an Addendum to the Return to Play to in a Covid Safe Environment Plan. These guidelines need to be read in conjunction with the Covid Safe Plan, noting the continued requirement to meet good hygiene practices.

The MiniRoos Addendum will be updated in accordance with advice from Government and FFA.

Attendance at Matches

Participants (including players, parents, coaches, referees, volunteers) are not to return to matches if they:

- Feel unwell;
- Have any flu-like symptoms;
- Have travelled internationally or been exposed to a person with COVID-19 in the preceding 14 days; or
- Are at a high risk from a health perspective, including the elderly and those with pre-existing medical health conditions



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Field Allocation and Scheduling

Ages	Area Size	Match areas per Football Field
U5	30m x 20m	2 to 4
U6	30m x 20m	2 to 4
U7	30m x 20m	2 to 4
U8	50m x 40m	1 to 2
U9	50m x 40m	1 to 2

Example of size of fields for match play

Ages	Arrival Time	Kick off	Game Ends
Match 1 (all fields)	8:45 am	9:00 am	9:45 am
Match 2 (all fields)	9:45 am	10:00 am	10:20am
Match 3 (all fields)	10:45 am	11:00 am	11:45am

Example of match schedules

These example allocations allow for:

- 9 matches at each time slot
- 3 time slots
- 15 minute gap between end of match and next match commencing
- Clubs will need to consider the timing of matches to accommodate arrival and departure of participants specific to their venue

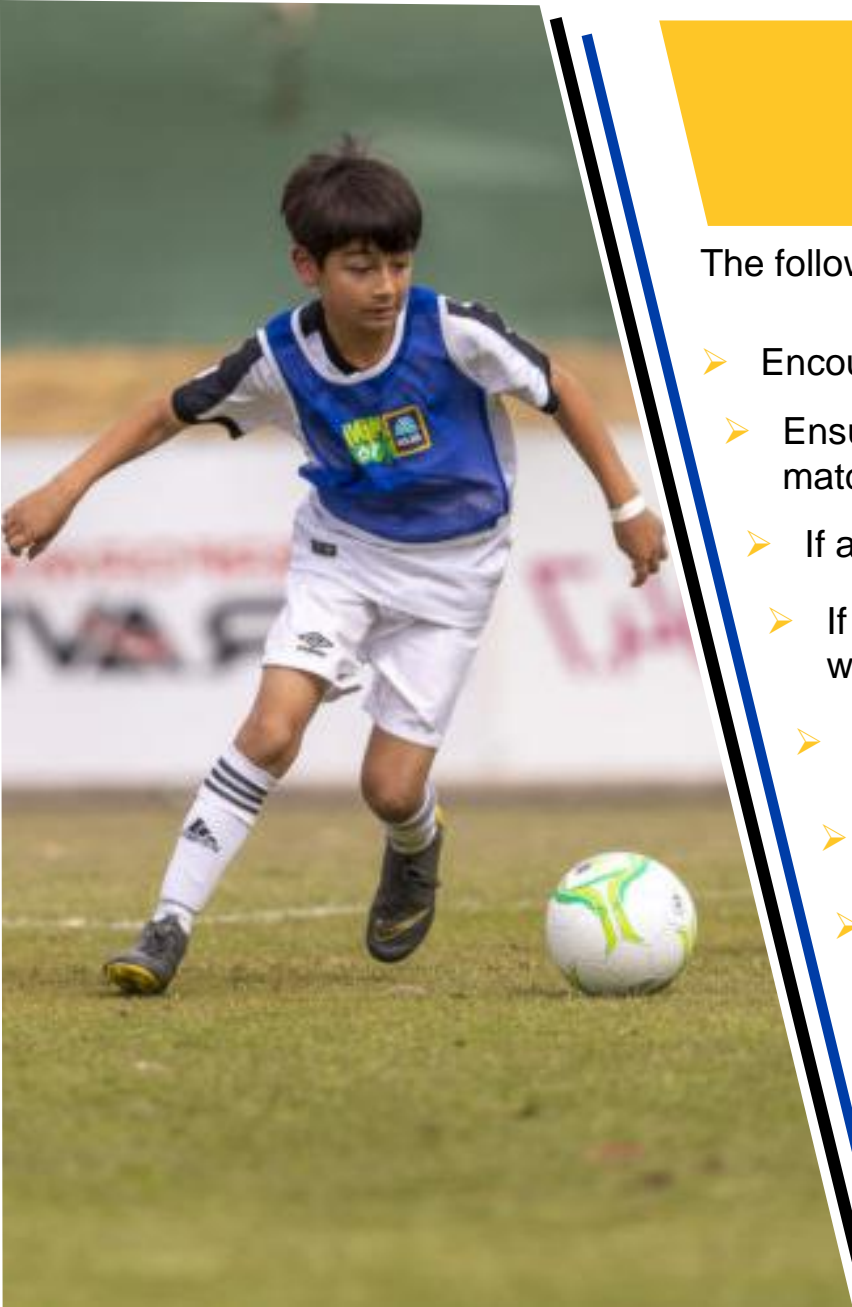


Example of field set up

Rules at Matches

The following rules are to be applied at all matches ;

- Encouraging attendance by only necessary people (i.e. limiting the volume of spectators)
- Ensure that all players, club and team officials are advised to wash their hands with soap and water before match starts
- If a team/club official or player starts to feel unwell whilst at matches they are to leave immediately
- If bibs need to be worn, that each player is given a different bib and after the match they take it home to wash
- No swapping of playing or goalkeeping shirts should occur
- No sharing of drink bottles, shin pads or towels etc.
- No shaking hands, high-fives or body contact in celebrating goals
- No spitting at any time
- Ensure that all players, club, and team officials are advised to wash their hands with soap and water after matches finish
- Players, parents, team, and club officials leave the facility immediately after their match has finished



Match Operations

Entry and Exits

- Clear pedestrian entry points to venue and allocated fields
- Clear pedestrian exit points from venue and allocated fields
- Clubs need to consider measures to avoid congestion in pedestrian areas.

Spectators

- Spectators are limited to gatherings of 100
- The 100 person limit is per field
- Clubs need to consider measures to avoid the separate groups from each field “merging” (i.e. controlling the number of people at the canteen, and identifying separate pedestrian entry and exits to carparks)

Canteens

- Clubs are to follow the [ACT Government Food Safety Regulations](#)
- Ensure that there is adequate space for people to line up and purchase food.
- Ensure that cleaning takes place regularly inside and outside the canteen

Amenities

- Toilets – to be opened
- Changerooms – can be opened (ensuring 4m² per person – max 100 people)
- Club House – can be opened (ensuring 4m² per person – max 100 people)



Venue Map



Legend

Participant entry and access to fields



Participant exit from fields



Spectator Areas



Field number



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General Precautions

Hygiene

- Ensure spaces, surfaces and objects at each venue are regularly cleaned;
- Provide [hand washing guidance](#), including access to water, soap and/or hand sanitiser;
- Encourage people to bring hand sanitiser
- Promote regular and thorough hand washing by club and team officials and participants;
- No sharing of pens or clipboards, each team and club officials must bring their own to venues;
- No sharing of drink bottles, and ensure that any bottles are clearly labelled;
- Ensure bins are provided around the venue

Behaviour

- If unwell, do not attend matches
- Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze;
- If using tissues, place them directly in the bins provided;
- Do not touch your eyes, nose or mouth if your hands are not clean;
- No spitting at any time

Travel

- Avoid carpooling where possible to and from matches



Incident Management

- In the event of a COVID-19 positive result within the football family, clubs may be required to support contact tracing efforts by ACT and NSW Health (including access to records related to matches and groupings)
- To enable this, team and/or club officials are required to record attendance at matches
- Protocols will apply related to quarantine/self isolation for the individual/s and those contacts considered at risk.

